

| Ben Heren 700m Uur:13:07 | | | Dakwerken Siebens | | |
|--------------------------|------|-----------------------|-------------------|------|------|
| 1 | 112 | Hofmans Remco | 02 | SPBO | 2'54 |
| 2 | 874 | Gorrebeeck Jimmy | 02 | OLSE | 3'01 |
| 3 | 574 | Wijns Sander | 02 | ACHL | 3'03 |
| 4 | 199 | Verbeeck Yarno | 02 | AVZK | 3'07 |
| 5 | 982 | Berben Warre | 02 | AVKA | 3'07 |
| 6 | 709 | Verwimp Sander | 02 | DUFF | 3'07 |
| 7 | 9885 | Vanhoef Jonas | 02 | NA | 3'08 |
| 8 | 456 | Deckers Lowie | 02 | OLSE | 3'09 |
| 9 | 1481 | De Wilde Warre | 02 | DAC | 3'10 |
| 10 | 540 | Bicker Jelle | 02 | ABES | 3'11 |
| 11 | 796 | Verheyden Tom | 02 | LAT | 3'12 |
| 12 | 193 | Goossens Milan | 02 | AVZK | 3'13 |
| 13 | 260 | De Mondt Kobe | 02 | ACHL | 3'14 |
| 14 | 1295 | Rubbens Pieter-jan | 02 | SPBO | 3'15 |
| 15 | 132 | Verduyn Lennert | 02 | ABES | 3'16 |
| 16 | 715 | Geyskens Kobe | 02 | ABES | 3'17 |
| 17 | 1185 | De Smedt Lars | 02 | SPBO | 3'21 |
| 18 | 1534 | Fabri Lukas | 02 | DAC | 3'22 |
| 19 | 1278 | Serre Ruben | 02 | DAC | 3'23 |
| 20 | 191 | Peeters Jannes | 02 | AVZK | 3'24 |
| 21 | 889 | Paulus William | 02 | DAC | 3'25 |
| 22 | 192 | Goossens Talle | 02 | AVZK | 3'26 |
| 23 | 9877 | Pelssers Jasper | 03 | NA | 3'27 |
| 24 | 1471 | Vandekerckhove Kjell | 02 | DAC | 3'28 |
| 25 | 189 | Van Den Dries Jef | 02 | AVZK | 3'32 |
| 26 | 64 | Segers Jesse | 02 | DUFF | 3'34 |
| 27 | 9880 | De Smedt Vic | 03 | NA | 3'36 |
| 28 | 1321 | Raeymaekers Jelle | 02 | DUFF | 3'39 |
| 29 | 591 | Heirweg Mathias | 03 | DUFF | 3'40 |
| 30 | 590 | Plettinx Robbe | 03 | DUFF | 3'41 |
| 31 | 357 | Berben Jomme | 03 | AVKA | 3'42 |
| 32 | 126 | Kools Jitse | 02 | ABES | 3'43 |
| 33 | 1035 | Leducq Rafael | 02 | LIER | 3'44 |
| 34 | 1443 | De Coen Niels | 02 | LYRA | 3'53 |
| 35 | 128 | Kuypers Ferre | 02 | ABES | 3'53 |
| 36 | 592 | Vanden Berghe Arthur | 02 | DUFF | 3'54 |
| 37 | 1388 | Vets Jan-willem | 03 | LIER | 3'55 |
| 38 | 712 | Van Krunkelsven Lucas | 03 | DUFF | 4'00 |
| 39 | 1582 | Torfs Berten | 03 | DUFF | 4'11 |
| 40 | 398 | Geerts Brent | 02 | DAC | 4'13 |
| 41 | 1571 | Moerenhout Jerko | 02 | DAC | 3'17 |
| 42 | 1281 | Stelter Bryan | 03 | KAPE | 4'18 |
| 43 | 1037 | Min Jari | 03 | LIER | 4'25 |
| 44 | 1586 | Guldentops Cas | 03 | ABES | 4'55 |

Ben Heren 700m Uur:13:07 Garage Paul Vervloet

| | | | | | |
|----|------|------------------------|----|------|------|
| 1 | 354 | Coremans Stef | 01 | HULS | 2'39 |
| 2 | 621 | De Decker Tijl | 01 | BRAB | 2'40 |
| 3 | 1270 | Patiny Ilan | 01 | DAC | 2'41 |
| 4 | 261 | Desmedt Jens | 01 | ACHL | 2'42 |
| 5 | 262 | Torfs Kwinten | 01 | ACHL | 2'46 |
| 6 | 358 | Berben Robbe | 01 | AVKA | 2'47 |
| 7 | 195 | Van den Schoor Senne | 01 | AVZK | 2'48 |
| 8 | 871 | Van Looveren Enoma | 01 | OLSE | 2'49 |
| 9 | 729 | Vosters Wout | 01 | ATAC | 2'52 |
| 10 | 65 | Feys Alessandro | 01 | DUFF | 2'53 |
| 11 | 652 | Verstrepen Daan | 01 | LYRA | 2'54 |
| 12 | 67 | Peeters Lode | 01 | DUFF | 2'56 |
| 13 | 68 | Douwen Thomas | 01 | DUFF | 2'57 |
| 14 | 1230 | Geens Stijn | 01 | ACHL | 2'58 |
| 15 | 353 | Coremans Tibo | 01 | HULS | 2'59 |
| 16 | 1187 | Fierens Jorge | 01 | LYRA | 3'00 |
| 17 | 1480 | Fleurus Yens | 01 | DAC | 3'02 |
| 18 | 381 | Lauwers Senne | 01 | ATAC | 3'04 |
| 19 | 774 | Vanluchene Olaf | 01 | LYRA | 3'05 |
| 20 | 1398 | Peetoom Nelson* | 01 | ESAK | 3'10 |
| 21 | 563 | Glasse Ruben | 01 | ACHL | 3'13 |
| 22 | 539 | Veroft Reidar | 01 | ABES | 3'14 |
| 23 | 839 | De Wachter Gianni | 01 | DUFF | 3'15 |
| 24 | 710 | Ottaviano Simon | 01 | DUFF | 3'17 |
| 25 | 113 | Spiessens Branko | 01 | SPBO | 3'18 |
| 26 | 1442 | Daems Benjamin | 01 | DAC | 3'19 |
| 27 | 66 | Vanderstraeten Thibaut | 01 | DUFF | 3'22 |
| 28 | 708 | De Smedt Max | 01 | DUFF | 3'24 |
| 29 | 895 | Heylen Gil | 01 | AVZK | 3'26 |
| 30 | 798 | Vanspeybrouck Laurens | 01 | LAT | 3'26 |
| 31 | 466 | Wyns Sebastiaan | 01 | AVZK | 3'31 |
| 32 | 841 | Lofgren Jelmer | 01 | ABES | 3'32 |
| 33 | 1291 | Lauwers Maarten | 01 | DUFF | 3'34 |
| 34 | 9875 | Timalsina Himal | 01 | NA | 3'55 |
| 35 | 1470 | Janssens Zhoran | 01 | SPBO | |
| 36 | 538 | Van Den Bossche Rune | 01 | ABES | |

Pup Heren 1200m Uur:13:27P@V@He.Txt

| | | | | | |
|----|------|-----------------------|----|------|------|
| 1 | 3766 | Van de Velde Tim | 00 | DUFF | 3'48 |
| 2 | 4695 | Van De Velde Jarne | 00 | LIER | 3'49 |
| 3 | 4514 | Thielens Jarne | 00 | ACHL | 4'06 |
| 4 | 5190 | Godeau Yannick | 00 | DAC | 4'12 |
| 5 | 4449 | Verheyden Ruben | 00 | LAT | 4'13 |
| 6 | 4693 | Heylen Robbert | 00 | LIER | 4'14 |
| 7 | 5049 | Masure Kasper | 00 | DAC | 4'15 |
| 8 | 4049 | Duym Niels | 00 | HULS | 4'16 |
| 9 | 3962 | Boeckx Stefan | 00 | ACHL | 4'17 |
| 10 | 9879 | Van Zeebroeck Marius | 00 | NA | 4'23 |
| 11 | 3895 | De Cock Brent | 00 | AVZK | 4'23 |
| 12 | 4385 | Matthe Flor | 00 | ATAC | 4'25 |
| 13 | 3971 | De Wit Bram | 00 | ACHL | 4'36 |
| 14 | 4781 | Verbeeck Toon | 00 | HULS | 4'27 |
| 15 | 5052 | Dooms Jorben | 00 | DAC | 4'28 |
| 16 | 3767 | Steenackers Jitse | 00 | DUFF | 4'30 |
| 17 | 5048 | Menardo Tibo | 00 | DAC | 4'34 |
| 18 | 3894 | Van Lent Seppe | 00 | AVZK | 4'35 |
| 19 | 5111 | Breugelmans Michiel | 00 | ATAC | 4'36 |
| 20 | 5222 | Van de Vondel Nathan | 00 | dac | 4'37 |
| 21 | 3760 | Lauwers Ruben | 00 | DUFF | 4'38 |
| 22 | 4228 | Spallier Cedric | 00 | AVZK | 4'40 |
| 23 | 3970 | Caerels Stijn | 00 | ACHL | 4'40 |
| 24 | 4689 | Constantin Sander | 00 | LIER | 4'44 |
| 25 | 3969 | Vlassenbroeck Liam | 00 | ACHL | 4'45 |
| 26 | 4531 | Vets Thomas | 00 | ACHL | 4'50 |
| 27 | 9881 | Jacob Vincent | 00 | NA | 4'51 |
| 28 | 5039 | Vandekerckhove Xander | 00 | DAC | 4'51 |
| 29 | 3762 | Johnson Steffen | 00 | DUFF | 4'56 |
| 30 | 5171 | Vandenbosch Jarne | 00 | DAC | 4'57 |
| 31 | 4396 | Meeusen Floris | 00 | ABES | 4'58 |
| 32 | 4494 | Ahmindache Jonas | 00 | DUFF | 4'59 |
| 33 | 3890 | Van den Dries Jan | 00 | AVZK | 5'02 |
| 34 | 4048 | Vervoort Senne | 00 | ACHL | 5'04 |
| 35 | 4027 | Schapmans Joffrey | 00 | AVZK | 5'14 |
| 36 | 3968 | Van Turnhout Brent | 00 | ACHL | 5'19 |
| 37 | 4694 | Tibax Joppe | 00 | LIER | 5'34 |
| 38 | 3765 | Janssens Maxim | 00 | DUFF | 6'27 |
| 39 | 5018 | De Coen Tim | 00 | LYRA | |

Pup Heren 1200m Uur:13:42**Argenta - Zakenkantoor Bruyninckx**

| | | | | | |
|----|------|-----------------------|----|------|------|
| 1 | 4845 | Geens Jonas | 99 | ACHL | 3'43 |
| 2 | 4939 | Bulens Jelle | 99 | DAC | 3'48 |
| 3 | 4033 | Peeters Dries | 99 | ACBR | 3'50 |
| 4 | 5053 | De Wilde Sam | 99 | DAC | 3'55 |
| 5 | 4047 | Vervoort Cedric | 99 | ACHL | 3'49 |
| 6 | 4929 | Geudens Tijs | 99 | ACBR | 4'02 |
| 7 | 4421 | Vanluchene Otto | 99 | LYRA | 4'05 |
| 8 | 4498 | Lofgren Bjarne | 99 | ABES | 4'09 |
| 9 | 4444 | Verhulst Bent | 99 | SGOL | 4'10 |
| 10 | 4873 | De Win Alexander | 99 | DAC | 4'10 |
| 11 | 5180 | Brosens Dries | 99 | ACHL | 4'11 |
| 12 | 3702 | Van Malderen Yari | 99 | LAT | 4'12 |
| 13 | 3768 | Van Cappellen Tom | 99 | DUFF | 4'13 |
| 14 | 4266 | Vermeulen Lander | 99 | KAPE | 4'21 |
| 15 | 4619 | Verwimp Lennert | 99 | ACHL | 4'24 |
| 16 | 3896 | Van Bael Jens | 99 | AVZK | 4'26 |
| 17 | 9886 | Devos Quinten | 99 | NA | 4'32 |
| 18 | 4315 | Verstrepen Niels | 99 | LYRA | 4'35 |
| 19 | 3764 | Van De Wouwer Lennert | 99 | DUFF | 4'35 |
| 20 | 9874 | Dingenen Sasha | 99 | NA | 4'36 |
| 21 | 3763 | Vander Auwera Jordi | 99 | DUFF | 4'45 |
| 22 | 3891 | Boons Axel | 99 | AVZK | 5'01 |
| 23 | 3906 | Truyts Andy | 99 | AVZK | 5'05 |
| 24 | 5221 | Rottee Philippe | 99 | DAC | 5'06 |
| 25 | 5050 | Huysmans Florent | 99 | DAC | 5'24 |
| 26 | 5169 | Bosmans Wout | 99 | DAC | 5'34 |
| 27 | 4356 | Boekee Jens | 99 | DUFF | 5'47 |
| 28 | 4479 | De Peuter Kobe | 99 | AVZK | 5'55 |

Min Heren 1850m Uur:13:58**Groep Van Saet**

| | | | | | |
|----|------|----------------------|----|------|-------|
| 1 | 7764 | De Rycke Vince | 98 | KAPE | 6'32 |
| 2 | 7507 | Van Camp Indyana | 98 | AVKA | 6'44 |
| 3 | 7126 | Goetschalckx Rigo | 98 | ACHL | 6'50 |
| 4 | 7974 | Goubert Laurens | 98 | DAC | 7'04 |
| 5 | 7394 | Vermeulen Jochem | 98 | KAPE | 7'07 |
| 6 | 7138 | De Wit Arne | 98 | ACHL | 7'09 |
| 7 | 6956 | Feys Giovanni | 98 | DUFF | 7'12 |
| 8 | 7872 | Ramet Yoran | 98 | ABES | 7'18 |
| 9 | 7556 | Huberdault Axel | 98 | SGOL | 7'20 |
| 10 | 6958 | Verbist Jonas | 98 | DUFF | 7'28 |
| 11 | 7295 | Deckers Lode | 98 | OLSE | 7'30 |
| 12 | 7654 | Roelants Ian | 98 | OLSE | 7'32 |
| 13 | 7970 | Fasano Alessandro | 98 | DAC | 7'49 |
| 14 | 6955 | Van den Eede Kevin | 98 | DUFF | 7'50 |
| 15 | 7007 | Bedert Oscar | 98 | ABES | 8'01 |
| 16 | 7139 | Caerels Rik | 98 | ACHL | 8'08 |
| 17 | 7643 | Meyers Elias | 98 | ACHL | 8'10 |
| 18 | 8232 | Verschaeve Francois | 98 | DAC | 8'14 |
| 19 | 7561 | Huberdault Levi | 98 | SGOL | 8'33 |
| 20 | 7065 | De Schrijver Maarten | 98 | AVZK | 8'37 |
| 21 | 8202 | Janssens Rik | 98 | DAC | 8'38 |
| 22 | 8120 | Menardo Nicola | 98 | DAC | 8'40 |
| 23 | 8190 | Cochez Niel | 98 | DAC | 8'41 |
| 24 | 7071 | Van Der Auwera Niels | 98 | AVZK | 9'44 |
| 25 | 7992 | Van Leuven Bram | 98 | LIER | 9'56 |
| 26 | 6954 | Wilms Seppe | 98 | DUFF | 10'16 |

Min Heren 1850m Uur:14:03**Taxi Van Dijck**

| | | | | | |
|----|------|------------------|----|------|------|
| 1 | 6901 | Boeykens Arne | 97 | LAT | 6'34 |
| 2 | 7229 | Servotte Seppe | 97 | ATAC | 6'36 |
| 3 | 7631 | Tinck Gilles | 97 | LAT | 6'34 |
| 4 | 7647 | Marynissen Seppe | 97 | ATAC | 6'52 |
| 5 | 7919 | Fieuws Xander | 97 | LIER | 6'55 |
| 6 | 8114 | Robbe Ewout | 97 | DAC | 6'58 |
| 7 | 6963 | Corremans Jordy | 97 | DUFF | 7'00 |
| 8 | 7323 | Siongers Lothar | 97 | HULS | 7'01 |
| 9 | 7553 | Engels Vincent | 97 | LYRA | 7'08 |
| 10 | 7080 | Hiele Wannes | 97 | AVKA | 7'14 |
| 11 | 7141 | Lievens Michael | 97 | ACHL | 7'16 |
| 12 | 6961 | Meyvisch Jochen | 97 | DUFF | 7'17 |
| 13 | 7803 | Meeus Wouter | 97 | LIER | 7'20 |
| 14 | 7564 | Grietens Jan | 97 | LYRA | 7'22 |
| 15 | 7622 | Haemels Arnout | 97 | AVZK | 7'29 |
| 16 | 7873 | De Langhe Felix | 97 | ABES | 7'32 |
| 17 | 7865 | Eykens Remy | 97 | KAPE | 7'50 |
| 18 | 7081 | Hiele Tobias | 97 | AVKA | 8'10 |
| 19 | 7980 | Abou El Fath Mo | 97 | KAPE | 8'11 |
| 20 | 8188 | Smet Yannick | 97 | DAC | 8'13 |
| 21 | 8105 | Walravens Thomas | 97 | DAC | 9'33 |

Cad Heren 3000m Uur:14:31Woningbouw Verelst

| | | | | | |
|----|------|-----------------------|----|------|-------|
| 1 | 398 | Denis Simon | 95 | DUFF | 9'50 |
| 2 | 404 | Maselis Jonas | 95 | ABES | 10'02 |
| 3 | 453 | Verschueren Kevin | 95 | ACBR | 10'15 |
| 4 | 9851 | Kirwan Cillian | 96 | IRL | 10'20 |
| 5 | 217 | Servotte Bram | 95 | ATAC | 10'22 |
| 6 | 400 | Nackaerts Arno | 96 | DUFF | 10'25 |
| 7 | 871 | Torfs Lucas | 95 | ACHL | 10'39 |
| 8 | 42 | Meyvisch Pjotr | 95 | DUFF | 10'45 |
| 9 | 167 | Geentjens Hannes | 96 | ACHL | 10'47 |
| 10 | 9858 | Renyolds Ian | 95 | IRL | 10'52 |
| 11 | 536 | Bierinckx Laurent | 95 | ACHL | 10'56 |
| 12 | 156 | Bastiaens Loorin | 95 | ACHL | 10'57 |
| 13 | 9853 | Wall James | 95 | IRL | 11'09 |
| 14 | 9855 | Conney Paul | 95 | IRL | 11'12 |
| 15 | 37 | Blommaerts Toon | 95 | DUFF | 11'16 |
| 16 | 484 | Van Lent Jonas | 95 | ABES | 11'22 |
| 17 | 9857 | Mc Morrow Andrew | 95 | IRL | 11'27 |
| 18 | 789 | Torbeyns Jef | 95 | DAC | 11'29 |
| 19 | 350 | De Decker Alfdan | 96 | BRAB | 11'36 |
| 20 | 9854 | Mc Mullan Robert | 95 | IRL | 11'40 |
| 21 | 367 | Boonen Dries | 95 | ACHL | 11'43 |
| 22 | 39 | Van Den Heuvel Jurgen | 95 | DUFF | 11'44 |
| 23 | 36 | Boeynaems Beau | 96 | DUFF | 11'47 |
| 24 | 189 | Van Pelt Stef | 95 | AVZK | 11'50 |
| 25 | 647 | Deprez Bert | 95 | SPBO | 11'50 |
| 26 | 737 | Pellemans Hendrik | 95 | RAM | 11'52 |
| 27 | 77 | Verduyn Arno | 96 | ABES | 12'03 |
| 28 | 811 | Rens Jeremy | 95 | HCO | 12'14 |
| 29 | 9856 | Daly Cian | 95 | IRL | 12'18 |
| 30 | 655 | Van Riet Kevin | 96 | HULS | 12'27 |
| 31 | 872 | Torfs Michiel | 96 | ACHL | 12'33 |
| 32 | 387 | De Gang Stijn | 95 | SPBO | 13'09 |
| 33 | 593 | Gils Maarten | 96 | LIER | 13'09 |
| 34 | 38 | Heirbaut Dago | 96 | DUFF | 13'48 |
| 35 | 598 | Meeus Frederik | 95 | LIER | 14'07 |
| 36 | 632 | Sluyts Tom | 96 | LYRA | 14'17 |

| <u>Sch</u> | <u>Heren 3700m Uur:15:01</u> | | <u>Firma Campaert</u> | | |
|------------|------------------------------|-------------------------|-----------------------|------|-------|
| 1 | 2161 | Bertels Brecht | 94 | ABES | 12'18 |
| 2 | 9864 | Moriarty Timmy | 93 | IRL | 12'26 |
| 3 | 2548 | De Vos Stef | 94 | LIER | 12'35 |
| 4 | 2060 | Van Eyndhoven Peter | 93 | ABES | 12'48 |
| 5 | 2139 | Peeters Stijn | 94 | ACBR | 12'58 |
| 6 | 9862 | O'Riordan Luke | 94 | IRL | 13'05 |
| 7 | 2158 | Luyten Jens | 93 | ATAC | 13'07 |
| 8 | 2300 | De Gang Dieter | 93 | SPBO | 13'09 |
| 9 | 2061 | Van Olmen Kristof | 94 | ABES | 12'12 |
| 10 | 2178 | Bouchikhi Houssine | 93 | OLSE | 13'13 |
| 11 | 2533 | Van Apers Mattias | 93 | ESAK | 13'15 |
| 12 | 9861 | Ward Neill | 94 | IRL | 13'23 |
| 13 | 2478 | Van Roosbroeck Matthias | 93 | LIER | 13'24 |
| 14 | 2117 | Renap Nils | 94 | ACHL | 13'32 |
| 15 | 2393 | Gorrebeeck Eddy | 93 | OLSE | 13'35 |
| 16 | 2080 | Mesens Ben | 93 | ACBR | 13'37 |
| 17 | 2242 | Molkens Tim | 93 | WIBO | 13'50 |
| 18 | 2281 | Boonen Wannes | 93 | ACHL | 13'57 |
| 19 | 2081 | De Meutter Ruben | 94 | ACBR | 14'12 |
| 20 | 2083 | Verboven Tom | 93 | ACBR | 14'15 |
| 21 | 9859 | Fitzsimons Paul | 94 | IRL | 14'20 |
| 22 | 2377 | Matthyssens Steve | 94 | ABES | 14'24 |
| 23 | 9863 | O'Keefe Sean | 94 | IRL | 14'51 |
| 24 | 9900 | O'Donoqhue Thomas | 94 | IRL | 14'51 |
| 25 | 2308 | Van Brantegem Filip | 94 | DUFF | 15'38 |
| 26 | 2309 | Peeters Frank | 94 | DUFF | 16'33 |

| <u>Korte cross JSM Heren 3000m Uur:15:16</u> | | | <u>Bouwonderneming Georges Janssens</u> | | | |
|--|------|---------------------------|---|----|------|-------|
| 1 | 975 | Vanstreels Dieter | Sen | 90 | DUFF | 8'49 |
| 2 | 1392 | Van Waeyenberge Mario | Sen | 85 | DUFF | 8'58 |
| 3 | 1351 | Van Assche Lukas | Sen | 89 | VAC | 9'00 |
| 4 | 1314 | Van Den Bossche Brian | Sen | 89 | ACHL | 9'06 |
| 5 | 422 | Van De Vel De Sousa Alex. | Jun | 92 | ACHL | 9'08 |
| 6 | 9890 | Formeck Andreas | Sen | 87 | DUI | 9'10 |
| 7 | 1473 | Casteels Tim | Sen | 84 | ROBA | 9'11 |
| 8 | 1393 | Laerte Dennis | Sen | 85 | DUFF | 9'12 |
| 9 | 1163 | Maes Tom | Sen | 87 | ACBR | 9'13 |
| 10 | 1573 | Bierinckx Vincent | Sen | 90 | ACHL | 9'14 |
| 11 | 984 | De Roovere Jens | Sen | 90 | DUFF | 9'15 |
| 12 | 1052 | Cnudde Kevin | Sen | 84 | STAX | 9'16 |
| 13 | 9888 | Bakkali Tahiri Oussama | Sen | 90 | NA | 9'19 |
| 14 | 89 | Vanattenhoven Matthias | Jun | 92 | DCLA | 9'41 |
| 15 | 9893 | Müller Sebastian | Sen | 86 | DUI | 9'43 |
| 16 | 83 | Put Sam | Jun | 92 | DCLA | 9'57 |
| 17 | 9891 | Kolks Matthias | Sen | 84 | DUI | 10'00 |
| 18 | 5145 | Neefs Marc | M40 | 65 | DCLA | 10'03 |
| 19 | 147 | Nauwelaers Wouter | Jun | 91 | WIBO | 10'05 |
| 20 | 1746 | Thijs Daan | Sen | 90 | DCLA | 10'13 |
| 21 | 1460 | Buyle Marco | Sen | 88 | LAT | 10'14 |
| 22 | 1244 | De Meutter Thomas | Sen | 90 | AVZK | 10'15 |
| 23 | 1148 | Vermuyten Evert | Sen | 90 | DCLA | 10'16 |
| 24 | 2076 | Verschueren Peter | Sen | 83 | ACBR | 10'19 |
| 25 | 286 | Adriaens Jens | Jun | 91 | DUFF | 10'21 |
| 26 | 1795 | Arnouts Guy | Sen | 81 | ESAK | 10'25 |
| 27 | 1748 | Vandensande Joris | Sen | 89 | DCLA | 10'26 |
| 28 | 146 | Eysackers Rik | Jun | 91 | WIBO | 10'32 |
| 29 | 31 | Biesemans Toon | Jun | 91 | DUFF | 10'33 |
| 30 | 4237 | Eysackers Chris | M45 | 61 | WIBO | 10'37 |
| 31 | 32 | Guldentops Maarten | Jun | 92 | DUFF | 10'39 |
| 32 | 9892 | Reischel Thomas | Sen | 81 | DUI | 10'41 |
| 33 | 1814 | Spruijt Ben | Sen | 86 | ESAK | 10'49 |
| 34 | 293 | Simons Stefan | Jun | 91 | LIER | 10'55 |
| 35 | 4839 | Van Loo Frederik | M40 | 67 | AVZK | 11'00 |
| 36 | 1907 | Ielegems Kris | Sen | 85 | DUFF | 11'09 |
| 37 | 9878 | De Weghe Mario | Mas | 74 | NA | 11'15 |
| 38 | 4725 | Casteels Koen | M35 | 70 | AVZK | 11'18 |
| 39 | 5448 | Bonato Patrick | M45 | 60 | BONH | 11'20 |

| Sen Heren 8200m Uur:16:10 | | | BROOKS - Runners' Service Lab | | |
|----------------------------------|------|------------------------|--------------------------------------|------|-------|
| 1 | 974 | Janssens Hans | 80 | DUFF | 25'58 |
| 2 | 1216 | Bouchikhi Soufiane | 90 | OLSE | 26'00 |
| 3 | 1111 | Ruell Kim | 87 | DCLA | 26'04 |
| 4 | 1745 | Naert Koen | 89 | EA | 26'19 |
| 5 | 1476 | Basemans Michel* | 87 | DCLA | 26'46 |
| 6 | 1444 | Roels Jonas | 83 | LAT | 27'46 |
| 7 | 1095 | Wils Johan | 74 | ACHL | 27'56 |
| 8 | 1572 | Prims Jo | 84 | ACHL | 28'00 |
| 9 | 9872 | Corcoran Richard | 84 | IRL | 28'03 |
| 10 | 1936 | Tilburgh Raf | 75 | DAC | 28'08 |
| 11 | 1740 | Keustermans Johannes | 84 | LIER | 28'24 |
| 12 | 1063 | Van Waeyenberghe Yelle | 86 | ATAC | 28'55 |
| 13 | 1666 | Van Dyck Dries | 82 | LIER | 29'34 |
| 14 | 1510 | Van De Put Thomas | 89 | ABES | 29'46 |
| 15 | 982 | Verschoren Bart | 77 | DUFF | 30'01 |
| 16 | 1029 | Coertjes Rien | 90 | ABES | 30'22 |
| 17 | 1379 | Dejonghe Maarten | 81 | ATLE | 30'29 |
| 18 | 983 | De Nys Maarten | 89 | DUFF | 30'36 |
| 19 | 1030 | De Weerd Tim | 86 | ABES | 30'42 |
| 20 | 1552 | Geens Gino | 79 | HULS | 30'49 |
| 21 | 1846 | Steffens Thomas | 87 | SPVI | 31'07 |
| 22 | 1974 | Yabe Hamed Houmed* | 90 | ATLE | 32'03 |

| Jun Heren 6700m Uur:16:56 | | | Argenta - De Belder | | |
|----------------------------------|------|-----------------------|----------------------------|------|-------|
| 1 | 183 | Joly Jente | 91 | DUFF | 21'46 |
| 2 | 367 | Guldentops Olivier | 92 | LIER | 22'32 |
| 3 | 9867 | Foley Donal | 91 | IRL | 22'47 |
| 4 | 398 | Van Der Steen Mitchel | 91 | AVKA | 22'53 |
| 5 | 9868 | Pearse Kevin | 91 | IRL | 23'50 |
| 6 | 28 | Verlinden Joris | 91 | DUFF | 24'29 |
| 7 | 59 | Groffen Andy | 92 | AVKA | 25'00 |
| 8 | 292 | De Cley Dirk | 92 | LIER | 25'05 |
| 9 | 9865 | Lowe David | 92 | IRL | 26'12 |
| 10 | 71 | Bastiaens Siemen | 92 | ACHL | 26'22 |
| 11 | 178 | De Gang Nick | 92 | SPBO | 26'26 |
| 12 | 9866 | Egan Donal | 92 | IRL | 26'54 |

Mas Heren 6700m Uur:16:56**Alumium Boeynaems**

| | | | | | | |
|----|------|------------------------|-----|----|------|-------|
| 1 | 5237 | Fieuws Steffen | M40 | 69 | RCT | 21'28 |
| 2 | 4595 | Otmakhov Oleg | M40 | 66 | AVT | 21'56 |
| 3 | 3678 | De Vocht Peter | M45 | 60 | AVZK | 21'58 |
| 4 | 5693 | Steenmans Geert | M35 | 70 | LYRA | 22'38 |
| 5 | 5232 | De Vos Erik | M45 | 62 | LIER | 23'06 |
| 6 | 3537 | Spiessens Koen | M35 | 71 | SPBO | 23'10 |
| 7 | 4726 | Van De Steene Koenraad | M45 | 62 | AVZK | 23'17 |
| 8 | 4263 | Mertens Joris | M35 | 70 | AVZK | 23'26 |
| 9 | 5014 | Bervoets Bart | M35 | 70 | LIER | 23'54 |
| 10 | 4241 | Nauwelaers Cris | M50 | 57 | WIBO | 24'08 |
| 11 | 4108 | Heylen Bart | M40 | 66 | AVZK | 24'12 |
| 12 | 3847 | Raets Marc | M50 | 59 | ACHL | 24'21 |
| 13 | 9894 | Goemans Herwig | | 00 | NA | 18'24 |
| 14 | 4432 | Byrne Timothy | M40 | 67 | ATLE | 24'28 |
| 15 | 4907 | Lauwers Luc | M40 | 67 | ACHL | 24'32 |
| 16 | 4820 | Hoefkens Jan | M40 | 68 | HULS | 24'36 |
| 17 | 3686 | De Cock Marc | M40 | 67 | AVZK | 25'08 |
| 18 | 3871 | Van Bijlen Marcel | M50 | 55 | HULS | 25'17 |
| 19 | 5263 | Wagemans Peter | M45 | 62 | ACHL | 25'24 |
| 20 | 3774 | Bastiaens Herman | M45 | 64 | ACHL | 25'31 |
| 21 | 3672 | Van Den Schoor Bart | M35 | 70 | AVZK | 25'36 |
| 22 | 3696 | Groffen Geert | M45 | 63 | AVKA | 25'39 |
| 23 | 4232 | Cloostermans Gui | M40 | 69 | WIBO | 25'51 |
| 24 | 4854 | Cik Miroslav* | M40 | 66 | SGOL | 26'01 |
| 25 | 5480 | Geenen Marc | M50 | 56 | LOOI | 26'05 |
| 26 | 5029 | Meeus Luc | M40 | 65 | LIER | 26'07 |
| 27 | 4867 | Van Assche Pierre | M65 | 44 | SPBO | 26'26 |
| 28 | 4472 | Polfliet Dirk | M45 | 62 | SPBO | 26'43 |
| 29 | 4144 | De Voeght Wim | M40 | 68 | HULS | 27'02 |
| 30 | 4199 | Van Puyvelde Marc | M45 | 60 | SPBO | 27'07 |
| 31 | 3675 | Van Den Daele Antoon | M45 | 61 | AVZK | 27'10 |
| 32 | 3447 | Vanwyck Jos | M60 | 49 | DUFF | 27'26 |
| 33 | 3534 | Michiels Stein | M55 | 54 | SPBO | 27'27 |
| 34 | 3532 | Pauwels Luc | M45 | 63 | SPBO | 27'40 |
| 35 | 3652 | Maes Karl | M45 | 62 | ACBR | 27'56 |
| 36 | 5040 | Van Gerwen Joris | M50 | 59 | LIER | 28'02 |
| 37 | 4378 | Boonen Ludo | M45 | 62 | ACHL | 28'12 |
| 38 | 5072 | Bequet Marc | M45 | 63 | LYRA | 28'29 |
| 39 | 3453 | Heymans Filip | M40 | 66 | DUFF | 28'48 |
| 40 | 3872 | Verlinden Walter | M45 | 64 | HULS | 29'30 |
| 41 | 4217 | Peeraer Eddy | M50 | 59 | ATAC | 29'41 |
| 42 | 4576 | Diels Eddy | M55 | 54 | SPBO | 29'43 |
| 43 | 4339 | Cayenberghe Gert | M35 | 72 | BRAB | 29'57 |
| 44 | 4724 | Mertens Egied | M40 | 69 | AVZK | 30'19 |
| 45 | 4111 | Habets Mario* | M35 | 72 | AVZK | 30'26 |
| 46 | 3664 | Goovaerts Joseph | M55 | 51 | AVZK | 30'30 |
| 47 | 5255 | Van Driessche Marc | M45 | 63 | SGOL | 32'53 |
| 48 | 4230 | Vervloet Peter | M40 | 65 | AVZK | 33'05 |
| 49 | 5047 | Wuyts Leon | M60 | 45 | LIER | 34'33 |

Categorie : Ben Heren , klassement volgens methode : 1+1+1

| Plaats | Klub | Score | Aankomsten | | | Reeks 2 | |
|--------|------|-------|------------|----|----|---------|--|
| 1 | ACHL | 12 | 3 | 13 | 4 | 5 | |
| 2 | OLSE | 18 | 2 | 8 | 8 | | |
| 3 | AVZK | 23 | 4 | 12 | 7 | 29 | |
| 4 | DUFF | 28 | 6 | 26 | 10 | 12 | |
| 5 | DAC | 29 | 9 | 18 | 3 | 17 | |
| 6 | SPBO | 40 | 1 | 14 | 25 | 35 | |
| 7 | AVKA | 42 | 5 | 31 | 6 | | |
| 8 | ABES | 47 | 10 | 15 | 22 | 32 | |
| 9 | LYRA | 61 | 34 | | 11 | 16 | |

Categorie : Pup Heren , klassement volgens methode : 1+1+1

| Plaats | Klub | Score | Aankomsten | | | Reeks 2 | |
|--------|------|-------|------------|----|----|---------|--|
| 1 | ACHL | 9 | 3 | 9 | 1 | 5 | |
| 2 | DAC | 10 | 4 | 7 | 2 | 4 | |
| 3 | DUFF | 30 | 1 | 16 | 13 | 19 | |
| 4 | AVZK | 45 | 11 | 18 | 16 | 22 | |
| 5 | LYRA | 64 | 39 | | 7 | 18 | |

Categorie : Min Heren , klassement volgens methode : 1+1+1

| Plaats | Klub | Score | Aankomsten | | | Reeks 2 | |
|--------|------|-------|------------|----|----|---------|--|
| 1 | ACHL | 20 | 3 | 6 | 11 | | |
| 2 | KAPE | 23 | 1 | 5 | 17 | 19 | |
| 3 | DAC | 23 | 4 | 13 | 6 | 20 | |
| 4 | DUFF | 24 | 7 | 10 | 7 | 12 | |
| 5 | AVKA | 30 | 2 | | 10 | 18 | |
| 6 | ABES | 39 | 8 | 15 | 16 | | |
| 7 | LIER | 43 | 25 | | 5 | 13 | |
| 8 | AVZK | 59 | 20 | 24 | 15 | | |

Categorie : Cad Heren , klassement volgens methode : 3

| Plaats | Klub | Score | Aankomsten | | |
|--------|------|-------|------------|----|----|
| 1 | DUFF | 15 | 1 | 6 | 8 |
| 2 | ACHL | 27 | 7 | 9 | 11 |
| 3 | IRL | 27 | 4 | 10 | 13 |
| 4 | ABES | 45 | 2 | 16 | 27 |

Categorie : Sch Heren , klassement volgens methode : 3

| Plaats | Klub | Score | Aankomsten | | |
|--------|------|-------|------------|----|----|
| 1 | ABES | 14 | 1 | 4 | 9 |
| 2 | IRL | 20 | 2 | 6 | 12 |
| 3 | ACBR | 40 | 5 | 16 | 19 |

Categorie :Jun Heren , klassement volgens methode : 2

| <u>Plaats</u> | <u>Klub</u> | <u>Score</u> | <u>Aankomsten</u> | | | | |
|---------------|-------------|--------------|-------------------|---|---|----|---|
| 1 | DCLA | 5 | 2 | 3 | | | |
| 2 | DUFF | 7 | 1 | 6 | 5 | 7 | 8 |
| 3 | IRL | 8 | 3 | 5 | 9 | 12 | |
| 4 | WIBO | 10 | 4 | 6 | | | |
| 5 | LIER | 10 | 2 | 8 | 9 | | |
| 6 | ACHL | 11 | 10 | 1 | | | |
| 7 | AVKA | 11 | 4 | 7 | | | |

Categorie :Sen Heren , klassement volgens methode : 3

| <u>Plaats</u> | <u>Klub</u> | <u>Score</u> | <u>Aankomsten</u> | | | | |
|---------------|-------------|--------------|-------------------|----|----|----|----|
| 1 | ACHL | 19 | 7 | 8 | 4 | 9 | |
| 2 | DCLA | 23 | 3 | 5 | 15 | 18 | 21 |
| 3 | DUI | 32 | 5 | 13 | 14 | 22 | |
| 4 | DUFF | 34 | 1 | 15 | 18 | 1 | 2 |
| 5 | ABES | 49 | 14 | 16 | 19 | | |

Categorie :Mas Heren , klassement volgens methode : 3

| <u>Plaats</u> | <u>Klub</u> | <u>Score</u> | <u>Aankomsten</u> | | | | |
|---------------|-------------|--------------|-------------------|----|----|----|----|
| 1 | AVZK | 18 | 3 | 7 | 8 | 11 | 17 |
| 2 | WIBO | 35 | 10 | 23 | 2 | | |
| 3 | LIER | 40 | 5 | 9 | 26 | 36 | 49 |
| 4 | ACHL | 46 | 12 | 15 | 19 | 20 | 37 |
| 5 | SPBO | 61 | 6 | 27 | 28 | 30 | 33 |
| 6 | HULS | 63 | 16 | 18 | 29 | 40 | |

proeven:12

prestaties:378

atleten:378

klubs:36

| | Ben | Pup | Min | Cad | Sch | Jun | Sen | Mas | Totaal |
|--------|-----|-----|-----|-----|-----|-----|-----|-----|--------|
| Dames | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| Heren | 80 | 67 | 47 | 36 | 26 | 21 | 46 | 55 | 378 |
| Totaal | 80 | 67 | 47 | 36 | 26 | 21 | 46 | 55 | 378 |

| Klub | Ben | Pup | Min | Cad | Sch | Jun | Sen | Mas | Totaal |
|------|-----|-----|-----|-----|-----|-----|-----|-----|--------|
| ABES | 9 | 2 | 3 | 3 | 4 | 0 | 3 | 0 | 24 |
| ACBR | 0 | 2 | 0 | 1 | 4 | 0 | 2 | 1 | 10 |
| ACHL | 6 | 12 | 5 | 6 | 2 | 2 | 4 | 5 | 42 |
| ATAC | 2 | 2 | 2 | 1 | 1 | 0 | 1 | 1 | 10 |
| ATLE | 0 | 0 | 0 | 0 | 0 | 0 | 2 | 1 | 3 |
| AVKA | 3 | 0 | 3 | 0 | 0 | 2 | 0 | 1 | 9 |
| AVT | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 1 | 1 |
| AVZK | 8 | 9 | 3 | 1 | 0 | 0 | 1 | 13 | 35 |
| BONH | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 1 | 1 |
| BRAB | 1 | 0 | 0 | 1 | 0 | 0 | 0 | 1 | 3 |
| dac | 10 | 13 | 9 | 1 | 0 | 0 | 1 | 0 | 34 |
| DCLA | 0 | 0 | 0 | 0 | 0 | 2 | 5 | 1 | 8 |
| DUFF | 16 | 10 | 6 | 7 | 2 | 5 | 8 | 2 | 56 |
| DUI | 0 | 0 | 0 | 0 | 0 | 0 | 4 | 0 | 4 |
| EA | 0 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 1 |
| ESAK | 1 | 0 | 0 | 0 | 1 | 0 | 2 | 0 | 4 |
| HCO | 0 | 0 | 0 | 1 | 0 | 0 | 0 | 0 | 1 |
| HULS | 2 | 2 | 1 | 1 | 0 | 0 | 1 | 4 | 11 |
| IRL | 0 | 0 | 0 | 7 | 6 | 4 | 1 | 0 | 18 |
| KAPE | 1 | 1 | 4 | 0 | 0 | 0 | 0 | 0 | 6 |
| LAT | 2 | 2 | 1 | 0 | 0 | 0 | 2 | 0 | 7 |
| LIER | 3 | 4 | 3 | 2 | 2 | 3 | 2 | 5 | 24 |
| LOOI | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 1 | 1 |
| LYRA | 4 | 3 | 2 | 1 | 0 | 0 | 0 | 2 | 12 |
| NA | 4 | 4 | 0 | 0 | 0 | 0 | 1 | 2 | 11 |
| OLSE | 3 | 0 | 2 | 0 | 2 | 0 | 1 | 0 | 8 |
| RAM | 0 | 0 | 0 | 1 | 0 | 0 | 0 | 0 | 1 |
| RCT | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 1 | 1 |
| ROBA | 0 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 1 |
| SGOL | 0 | 1 | 2 | 0 | 0 | 0 | 0 | 2 | 5 |
| SPBO | 5 | 0 | 0 | 2 | 1 | 1 | 0 | 7 | 16 |
| SPVI | 0 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 1 |
| STAX | 0 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 1 |
| VAC | 0 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 1 |
| VMOL | 0 | 0 | 1 | 0 | 0 | 0 | 0 | 0 | 1 |
| WIBO | 0 | 0 | 0 | 0 | 1 | 2 | 0 | 3 | 6 |